

Sexuality - The Driving Force of The Cosmos

First of all, the distinction must clearly be made between lust and sexuality. Lust asks “what is the most I can get for the least I can give?” Lust takes and sexuality gives. The true sexuality that exudes from a man or woman in love with life gives freely for it is life giving unto itself without agendas.

Much of what we think of as ‘responsible sexuality’ is simply the old paradigm of exclusiveness that was part of the journey of descension. Sexuality is the celebration of self, the constant awareness of the potency of our being that exudes as the sun does its light or the rose does its fragrance.

To constantly ask whether the recipient of our exuding sex appeal is worthy of receiving it, is to deny our being its full expression and to become attached to outcome. This one may receive, either because I plan to engage them sexually or they’re considered ‘safe.’ That one shouldn’t receive because I couldn’t love them in the same way. In this way the most sacred part of ourselves becomes a currency we pay to get what we want, all the while calling it ‘responsible’.

This constant weight of self-reflection lowers our frequency, hampers our fluidity and keeps us in our minds versus our hearts. The light-promoter lives responsibly, determining with the utmost discipline the consequences of every action. But progress requires that we develop trust in our discernment and our ability to protect our borders. Defining ourselves by what we are becoming, namely Immortal Masters, we can trust that we can secure our boundaries.

The other argument for hiding our light under a bushel is that we may hurt others. Living at less than the fullest capacity of our being is always injurious to others. Being at less than our fullest potency because a partner doesn’t like the fact that men and women alike are fascinated by the energy we exude, keeps him or her locked into exclusiveness and feeds their possessiveness and insecurity.

To shine with the full radiance of our being, celebrating ourselves with every deliberate gesture, evokes admiration in others. To allow that love and admiration to flow, is to allow another to grow. Love inspires and enlivens. All great art has been inspired by love; whether love for another or love of life. To deny another the privilege of loving us because our self-consciousness or unworthiness or insecurity interferes, is to deny them the evolution of their awareness.

We become what we admire. We grow from the assets we discover in another and our consciousness rises when we love. Victor Hugo said, "There is in this life no greater gift than that of being charming; to cast light upon dark days. Is not that to render service?"

The lust of males has been generally expressed as taking from women without giving the emotional components of love and appreciation that hallow the sexual act. The lust of females has been traditionally equally tainted by the desire to get what they want. Men have given 'love' for sex, and women have given sex to get love (also to get security, to get ahead or with other agendas).

True sexuality in its purest essence gives to everyone alike, trusting itself to act only with the utmost impeccability. If we believe that our pure intentions will garner pure results, even those drawn to us who break their own hearts on their unmet expectations will ultimately benefit.

The great beauty of the 18th century, Ninon de Lencloss, said:

"I enjoy! I enjoy! I enjoy!" She was adored by kings and often loved by three generations of men in the same family at once. She allowed her passionate love affair with life to enrich all she encountered and men and women alike were drawn to her charm.

She accepted the adoration of others unashamedly, knowing that she was receiving nothing more than that which she bestowed on all life. She had tapped into the creative power from which cosmoses form, the essence of all life—sexuality.

There is nothing enlightened about stifling sexuality and emphasizing only the upper chakras. Although it originates at the root chakra, the expression of sexuality results in a rising flow of kundalini that clears blockages in all seven chakras. It is the source of youth; the stimulant of pure emotions and the origin of vitality and consciousness.

Excerpted from [Secrets of the Hidden Realms](#)